

FEBRUARY						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	1 Games, Puzzles. Movie and Music Assistance with correspondence. Chat time.	2 Therapeutic recreation activities. Games, Rummikub, Puzzles. Health Talk Group. Grocery shopping. Resting. Hair Salon. BOWLING	3 Therapeutic recreation activities. Games, Puzzles. News Review. Assistance with appointments. Chat time. Chair Yoga	4 Games, Puzzles. Movie Review. Knitting. Walking groups. Resting. Design Your Nails. BINGO	5 Therapeutic recreation activities. Games, Crosswords. News Review Group. Shopping trips. Chat time. English Class.	7
8	8 Games, Puzzles. Assistance with correspondence. Resting.	9 Therapeutic recreation activities. Games, Rummikub, Puzzles. Arts and Craft Project. Grocery shopping. Chat time. Hair Salon.	10 Therapeutic recreation activities. Games, Puzzles. News Review. Assisting with appointments. Resting. Chair Yoga Chinese NEW YEAR	11 Games, Puzzles. Movie Review. Knitting. Walking groups. Chat time. Design Your Nails. BINGO	12 Therapeutic recreation activities. Games, Crosswords. Shopping trips. English Class. St. Valentine's Day	14
15	15 Games, Puzzles. Movie and Music Assistance with correspondence. Chat time. Denver Botanic Gardens	16 Therapeutic recreation activities. Games, Rummikub, Puzzles. Health Talk Group. Grocery shopping. Resting. Hair Salon.	17 Therapeutic recreation activities. Games, Puzzles. News Review. Assistance with appointments. Chat time. Chair Yoga	18 Games, Puzzles. Movie Review. Knitting. Walking groups. Resting. Design Your Nails. CASINO	19 Therapeutic recreation activities. Games, Crosswords. News Review Group. Shopping trips. English Class. Chat time.	21
22	22 Games, Puzzles. Movie and Music. Assistance with correspondence. Resting.	23 Therapeutic recreation activities. Games, Rummikub, Puzzles. Arts and Craft Project. Grocery shopping. Chat time. Hair Salon.	24 Therapeutic recreation activities. Games, Puzzles. News Review. Assisting with appointments. Resting. Chair Yoga	25 Games, Puzzles. Movie Review. Knitting. Walking groups. Chat time. Design Your Nails. CASINO	26 Therapeutic recreation activities. Games, Crosswords. Shopping trips. Resting. English Class.	28

DAILY: Breakfast 10 am, Snack 12 pm, Lunch 2 pm

