

Jan-19						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <b>Alpine Adult Day Care Closed</b>	2 Therapeutic recreation activities. Games, Puzzles. Movie Review. Chat time.  Shopping Trips <b>Hair Salon</b>	3 Therapeutic recreation activities. Games, Puzzles. Movie Review. Chat time.  Shopping Trips	4 Therapeutic recreation activities. Games, Crosswords. News Review Group. Shopping trips. Chat time. <b>English, Tai Chi</b>	5
6	7 Therapeutic recreation activities. Games, Puzzles. Assistance with correspondence. Resting. Shopping Trips. <b>BOWLING</b>	8 Therapeutic recreation activities. Games, Puzzles. Arts and Craft Projects. Grocery shopping. Chat time. <b>Tai chi</b>	9 Therapeutic recreation activities. <b>Hair Salon, Casino</b> Shopping	10 Therapeutic recreation activities. Games, Puzzles. Movie Review. Chat time. Shopping Trips <b>Denver Zoo</b>	11 Therapeutic recreation activities. Games, Crosswords. News Review Group. Shopping trips. Chat time. <b>English, Tai Chi Four Mile Historic Park</b>	12
13	14 Therapeutic recreation activities. Games, Puzzles. Assistance with correspondence. Shopping Trips <b>BOWLING</b>	15 Therapeutic recreation activities. Games, Puzzles. Grocery shopping. <b>Tai Chi</b>	16 Therapeutic recreation activities. Games, Puzzles. <b>Hair Salon.</b> Shopping Trips	17 Therapeutic recreation activities. Games, Puzzles. Design Your Nails. Shopping Trips <b>Denver Zoo (Alternate Date)</b>	18 Therapeutic recreation activities. Games, Crosswords. News Review Group. Shopping trips. Chat time. <b>Tai Chi , English Denver Zoo (Alternate Date)</b>	19
20	21 Therapeutic recreation activities. Games, Puzzles. Assistance with correspondence. Shopping. <b>Tai Chi BOWLING</b>	22 Therapeutic recreation activities. Games, Puzzles. Arts and Craft Project. Grocery shopping. <b>Tai Chi</b>	23 Therapeutic recreation activities. Games, Puzzles. Design Your Nails. <b>Hair Salon. Idaho Springs</b>	24 Therapeutic recreation activities. Games, Crosswords. News Review Group. Shopping trips. Chat time	25 Therapeutic recreation activities. Games, Puzzles. Grocery shopping. <b>Tai Chi, English</b>	26
27	28 Therapeutic recreation activities. Games, Puzzles. Assistance with correspondence. Shopping. <b>Tai Chi BOWLING</b>	22 Therapeutic recreation activities. Games, Puzzles. Arts and Craft Project. Grocery shopping.	30 Therapeutic recreation activities. Games, Puzzles. Arts and Craft Project. <b>Hair Salon, BINGO for \$</b>	31 Therapeutic recreation activities. Games, Puzzles. Arts and Craft Project. Grocery shopping. <b>\$5 movies ( Bring extra \$ if you want snacks )</b>		
30	31					

DAILY: Breakfast 10 am, Snack 12 pm, Lunch 2 pm

SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.



