

January 2020











Regular Trips & Events: Bowling & Music Therapy-Mondays, Hair Salon & Tai Chi-Wednesdays, ESL Class-Fridays, Casino-1/8, Idaho Springs-1/22, Movie Day-1/30, Bingo for \$\$\$\$-1/28 & 1/31

SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

DAILY: Breakfast 10am, Snack 12pm, Lunch 2pm

Independent Activities: Russian & English TV, Wii Fit, Pool Table, Games, Puzzles, Fiber Arts, Computers, Adult Coloring, Conversation

Monday	Tuesday	Wednesday	Thursday	Friday
		Alpine Closed! 		
Bowling 6 Shopping Trips, Bowling Independent Activities, Recreation Therapy-Exercise, BUNCO, Music Therapy 	7 Shopping Trips, Independent Activities, Recreation Therapy-Exercise, BINGO, Balloon-Noodle Game	8 Casino Trip Casino Trip, Hair Salon Independent Activities, Recreation Therapy-Exercise, Rebus Puzzles, Tai Chi	9 Shopping Trips, Independent Activities, Recreation Therapy-Exercise, Program Advisory Group, Trivia	10 Shopping Trips, Independent Activities, Recreation Therapy-Exercise, Program Advisory Group, Paper Art, ESL Group
Bowling 13 Shopping Trips, Bowling Independent Activities, Recreation Therapy-Exercise, Story Dice, Music Therapy	14 Shopping Trips, Independent Activities, Recreation Therapy-Exercise, Lucky Dog Game, Table Tennis	15 Therapy Pig Visit Shopping Trips, Hair Salon Independent Activities, Recreation Therapy-Exercise Therapy Pig Visit, Tai Chi 	16 Shopping Trips, Independent Activities, Recreation Therapy-Exercise, Canvas Art, Reminiscing Discussion Group	17 Spellbinders Storytelling Shopping Trips, Independent Activities, Recreation Therapy-Exercise, Mug Decorating, Spellbinders Storytelling, ESL Group
Bowling 20 Shopping Trips, Bowling Independent Activities, Recreation Therapy-Exercise, MLK Day Quotes & Facts, Music Therapy	21 Shopping Trips, Independent Activities, Recreation Therapy-Exercise, Finish the Phrase, Basket Pong Game	22 Idaho Springs Trip Swimming @ Idaho Springs, Hair Salon Independent Activities, Recreation Therapy-Exercise, Directional Sign Craft, Tai Chi	23 Candy Factory Trip Shopping Trips, Hammond's Candy Factory Independent Activities, Recreation Therapy-Exercise, Clothes Pin Snowflakes, Mad Libs	24 Shopping Trips, Independent Activities, Recreation Therapy-Exercise, Crystal Mining, Chinese New Year Facts, ESL Group 
Bowling 27 Shopping Trips, Bowling Independent Activities, Recreation Therapy-Exercise, Popsicle Stick Signs, Music Therapy	28 BINGO for \$\$\$\$  Shopping Trips, Independent Activities, Recreation Therapy-Exercise, This was the Year...1951, BINGO for \$\$\$\$	29 Shopping Trips, Hair Salon Independent Activities, Recreation Therapy-Exercise, Tree of Life Dreamcatcher, Tai Chi	30 Movie Day Shopping Trips, Independent Activities, Recreation Therapy-Exercise, Movie Day! 	31 BINGO for \$\$\$\$ Shopping Trips, Independent Activities, Recreation Therapy-Exercise, Meme Game, BINGO for \$\$\$\$, ESL Group