

AUGUST						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					01 Games, Crosswords. News Review Group. Shopping trips. Chat time. English Class.	2
3	04 Games, Puzzles. Assistance with correspondence. Resting. Denver Botanic Gardens	05 Games, Rummikub, Puzzles. Health Talk Group. Arts and Craft Project. Grocery shopping. Chat time. Hair Salon. Chatfield Botanic Gardens	06 Games, Bingo, Puzzles. News Review. Assisting with appointments. Resting. Chair Yoga	07 Games, Puzzles. Movie Review. Knitting. Walking groups. Chat time. Design Your Nails.	08 Games, Crosswords. Shopping trips. News Review Group. Resting.	9
10	11 Games, Puzzles. Movie and Music Assistance with correspondence. Chat time.	12 Games, Rummikub, Puzzles. Health Talk Group. Grocery shopping. Resting. Hair Salon. Bowling	13 Games, Bingo, Puzzles. News Review. Assistance with appointments. Chat time. Chair Yoga	14 Games, Puzzles. Movie Review. Knitting. Walking groups. Resting. Design Your Nails.	15 Games, Crosswords. News Review Group. Shopping trips. English Class. Chat time.	16
17	18 Games, Puzzles. Movie and Music. Assistance with correspondence. Resting. CASINO	19 Games, Rummikub, Puzzles. Health Talk Group. Arts and Craft Project. Grocery shopping. Chat time. Hair Salon.	20 Games, Bingo, Puzzles. News Review. Assisting with appointments. Resting. Chair Yoga	21 Games, Puzzles. Movie Review. Knitting Walking groups. Chat time. Design Your Nails.	22 Games, Crosswords. Shopping trips. Resting. English class.	23
24	25 Games, Puzzles. Movie and Music. Assistance with correspondence. Chat time.	26 Games, Rummikub, Puzzles. Health Talk Group. Arts and Craft Project. Grocery shopping. Resting. Hair Salon.	27 Games, Bingo, Puzzles. News Review. Assisting with appointments. Chat time. Chair Yoga	28 Games, Puzzles. Movie Review. Knitting. Walking groups. Resting. Design Your Nails.	29 Games, Crosswords. News Review Group. Shopping trips. English Class. Chat time. Birthday Party	30

DAILY: Breakfast 10 am, Snack 12 pm, Lunch 2 pm

