






February 2023

Regular Trips & Events: Shopping, Movie Tavern-2/7; Pool Tournament 2/2, Casino-2/22, BINGO for \$\$\$-2/9 & 2/17, Wii Bowling-2/28, Idaho Springs-2/15,

DAILY: Breakfast 10am, Snack 12pm, Lunch 2pm

SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

Independent Activities: TV, Wii Fit, Pool Table, Movies, Games, Puzzles, Music, Computers, Adult Coloring, Conversation, Walking

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Shopping Independent Activities, Recreation Therapy-Exercise, Pokeno	2 Pool Tournament Shopping Independent Activities, Recreation Therapy-Exercise, Pool Tournament, Sip -n- Paint	3 Shopping, Independent Activities, Recreation Therapy-Exercise, Art's & Craft's 
6 Shopping Independent Activities, Recreation Therapy-Exercise, Story Time / Reading	7 \$6 Movie  Shopping, Movie Tavern Independent Activities, Recreation Therapy- Exercise, Tai Chi,	8 Shopping Independent Activities, Recreation Therapy-Exercise, Bingo, Black History Month conversation	9 BINGO for \$\$\$\$ Shopping Independent Activities, Recreation Therapy-Exercise, Sip -n- Paint	10 Shopping Independent Activities, Recreation Therapy-Exercise, Trivia
13 Shopping Independent Activities, Recreation Therapy-Exercise, Story Time / Reading	14 Valentine's Day Shopping Independent Activities, Recreation Therapy- Exercise, Tai Chi,	15 Idaho Springs Trip Shopping, Swimming Independent Activities, Recreation Therapy-Exercise, Board Games	16  Shopping, Independent Activities, Recreation Therapy-Exercise, Pokeno	17 BINGO for \$\$\$\$ Shopping Independent Activities, Recreation Therapy-Exercise, Trivia
20 Shopping Independent Activities, Recreation Therapy-Exercise, President's Day	21 Shopping Independent Activities, Recreation Therapy- Exercise, Tai Chi, Puzzle	22 Casino Shopping Independent Activities, Recreation Therapy-Exercise, Candy Land Bingo	23 Arapahoe Bowling \$11 Shopping Independent Activities, Recreation Therapy-Exercise, Sip -n- Paint	24 BIRTHDAY PARTY Shopping Independent Activities, Recreation Therapy-Exercise, Trivia
27 Shopping Independent Activities, Recreation Therapy-Exercise, Monday Funday	28 Wii Bowling Tournament Shopping Independent Activities, Recreation Therapy- Exercise, Tai Chi, Puzzle	