

FEBRUARY						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Games, Puzzles. Movie and Music Assistance with correspondence. Chat time.	3 Therapeutic recreation activities. Games, Rummikub, Puzzles. Health Talk Group. Grocery shopping. Resting. Hair Salon. BOWLING	4 Therapeutic recreation activities. Games, Puzzles. News Review. Assistance with appointments. Chat time. Chair Yoga	5 Games, Puzzles. Movie Review. Knitting. Walking groups. Resting. Design Your Nails. BINGO	6 Therapeutic recreation activities. Games, Crosswords. News Review Group. Shopping trips. Chat time. English Class.	7
8	9 Games, Puzzles. Assistance with correspondence. Resting.	10 Therapeutic recreation activities. Games, Rummikub, Puzzles. Arts and Craft Project. Grocery shopping. Chat time. Hair Salon.	11 Therapeutic recreation activities. Games, Puzzles. News Review. Assisting with appointments. Resting. Chair Yoga CINEMA	12 Games, Puzzles. Movie Review. Knitting. Walking groups. Chat time. Design Your Nails. BINGO	13 Therapeutic recreation activities. Games, Crosswords. Shopping trips. News Review Group. Resting. English Class.	14
15	16 Games, Puzzles. Movie and Music Assistance with correspondence. Chat time. Chatfield Botanic Gardens	17 Therapeutic recreation activities. Games, Rummikub, Puzzles. Health Talk Group. Grocery shopping. Resting. Hair Salon.	18 Therapeutic recreation activities. Games, Puzzles. News Review. Assistance with appointments. Chat time. Chair Yoga	19 Games, Puzzles. Movie Review. Knitting. Walking groups. Resting. Design Your Nails. DENVER ZOO	20 Therapeutic recreation activities. Games, Crosswords. News Review Group. Shopping trips. English Class. Chat time.	21
22	23 Games, Puzzles. Movie and Music. Assistance with correspondence. Resting.	24 Therapeutic recreation activities. Games, Rummikub, Puzzles. Arts and Craft Project. Grocery shopping. Chat time. Hair Salon.	25 Therapeutic recreation activities. Games, Puzzles. News Review. Assisting with appointments. Resting. Chair Yoga	26 Games, Puzzles. Movie Review. Knitting. Walking groups. Chat time. Design Your Nails. CASINO	27 Therapeutic recreation activities. Games, Crosswords. Shopping trips. Resting. English Class.	28

DAILY: Breakfast 10 am, Snack 12 pm, Lunch 2 pm

