

February 2021

Regular Trips & Events: Shopping, BINGO for \$\$\$-2/4 & 2/15, 2/9-Denver Museum of Nature & Science, 2/10-Colorado Abstracted Littleton Museum Tour












SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

DAILY: Breakfast 10am, Snack 12pm, Lunch 2pm

Alpine Adult Day Care 1985 S. Havana St, Aurora 80014 (303) 755-8002

Independent Activities: Russian & English TV, Wii Fit, Pool Table, Movies, Games, Puzzles, Fiber Arts, Computers, Adult Coloring, Conversation



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Shopping, Independent Activities, Recreation Therapy-Exercise, Decorating, Valentines Discussion & Trivia</p> 	<p>2</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, Groundhog Day Facts & Trivia, Roll a Groundhog</p> 	<p>3</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, Mad Libs, Valentine's Painting Kits</p> 	<p>4</p> <p>BINGO for \$\$\$\$</p> <p>Shopping, Independent Activities, Recreation Therapy-Exercise, I Know it's February When..., BINGO for \$\$\$\$</p>	<p>5</p> <p>Shopping, Independent Activities, Recreation Therapy-Exercise, Heart Rock Craft, Lucky Dog Game</p> 
<p>8</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, Escape Room Game, Program Advisory Council</p>	<p>9</p> <p>Shopping, Nature & Science Museum Independent Activities, Recreation Therapy-Exercise, Movie Trivia & Movie Day!</p>	<p>10</p> <p>Shopping, Littleton Museum Independent Activities, Recreation Therapy-Exercise, Rebus Puzzles, Felt Valentine's Craft</p>	<p>11</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, Valentines Sun Catchers, Program Advisory Council</p>	<p>12</p> <p>Shopping, Independent Activities, Recreation Therapy-Exercise, Valentine's Scavenger Hunt, Beaded Hearts Craft</p>
<p>15</p> <p>BINGO for \$\$\$\$</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, Wood Coloring Craft, BINGO for \$\$\$\$</p> 	<p>16</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, Mardi Gras Masks & Discussion, Mardi Gras BINGO</p>	<p>17</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, Silhouette Art, Plants with Animal Names Quiz</p> 	<p>18</p> <p>Shopping, Independent Activities, Recreation Therapy-Exercise, Deal or No Deal Game, Heart Health Discussion</p> 	<p>19</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, Categories Game, Heart Cross Stitch</p> 
<p>22</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, Jeopardy Game, Paper Strip Heart Craft</p>	<p>23</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, Finish the Phrase, Categories Game</p>	<p>24</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, PicWits Game, Pets Trivia</p>	<p>25</p> <p>Shopping Independent Activities, Recreation Therapy-Exercise, Emoji BINGO, Name 5 Things</p> 	<p>26</p> <p>Birthday Celebration</p> <p>Shopping Independent Activities, Happy Birthday Recreation Therapy-Exercise, Escape Room Game, Human Body Trivia</p>
<p>GROUNDHOG DAY <i>February 2nd</i></p>		<p>HELLO FEBRUARY</p>		<p>CELEBRATE BLACK HISTORY MONTH</p>