

JUNE						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Games: Memory puzzles, Sit and Be Fit. Movie and Music Hair Cut. 1:00 pm Concert. Singer Chumachenko Aleksandr	4 Games: Rummikub Puzzles. Chair Yoga. Cognitive Exercise. Health Talk Group. Arts and Craft Project. Hair Cut.	5 Games: Bingo, Puzzles, Sit and Be Fit. News Review.	6 Games: Charades, Puzzles, Chair Yoga. Movie Review. Health Talk Group. Arts and Crafts Project. Bowling	7 Zumba Class at 9:40 am Games: Monopoly, Puzzles. Sit and Be Fit. Cognitive Exercise. News Review Group. GEM Show.	8
9	10 Games: Memory puzzles, Sit and Be Fit. Movie and Music Hair Cut	11 Games: Rummikub Puzzles. Chair Yoga. Cognitive Exercise. Health Talk Group. Arts and Craft Project. Hair Cut CASINO	12 Games: Bingo, Puzzles, Sit and Be Fit. News Review.	13 Games: Charades, Puzzles, Chair Yoga. Movie Review. Health Talk Group. Arts and Crafts Project.	14 Games: Monopoly, Puzzles. Sit and Be Fit. Cognitive Exercise. News Review Group. Trip to Rose Garden in Littleton.	15
16	17 Games: Memory puzzles, Sit and Be Fit. Movie and Music Hair Cut	18 Games: Rummikub Puzzles. Chair Yoga. Cognitive Exercise. Health Talk Group. Arts and Craft Project. Hair Cut	19 Games: Bingo, Puzzles, Sit and Be Fit. News Review. Trip to Idaho Springs	20 Games: Charades, Puzzles, Chair Yoga. Movie Review. Health Talk Group. Arts and Crafts Project. Cinema	21 Games: Monopoly, Puzzles. Sit and Be Fit. Cognitive Exercise. News Review Group.	22
23	24 Games: Memory puzzles, Sit and Be Fit. Movie and Music. Hair Cut	25 Games: Rummikub Puzzles. Chair Yoga. Cognitive Exercise. Health Talk Group. Arts and Craft Project. Hair Cut	26 Games: Bingo, Puzzles, Sit and Be Fit. News Review.	27 Games: Charades, Puzzles, Chair Yoga. Movie Review. Health Talk Group. Arts and Crafts Project.	28 Games: Monopoly, Puzzles. Sit and Be Fit.	29

DAILY: Exercise/ Dance, Local Trips, Walking Groups, Resting and Chat Time
Breakfast 10 AM, Snack 12 PM, Lunch 2:00 PM