

MARCH						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1		1 Therapeutic recreation activities. Games, Rummikub, Puzzles. Health Talk Group. Grocery shopping. Resting. Hair Salon. Chatfield Botanic Gardens	2 Therapeutic recreation activities. Games, Puzzles. News Review. Assistance with appointments. Chat time. Chair Yoga	3 Games, Puzzles. Movie Review. Knitting. Walking groups. Resting. Design Your Nails. BINGO	4 Therapeutic recreation activities. Games, Crosswords. News Review Group. Shopping trips. Chat time. English Class.	7
8	7 Games, Puzzles. Assistance with correspondence. Resting. CINEMA	8 Therapeutic recreation activities. Games, Rummikub, Puzzles. Arts and Craft Project. Grocery shopping. Hair Salon. Women's International Day	9 Therapeutic recreation activities. Games, Puzzles. News Review. Assisting with appointments. Resting. Chair Yoga	10 Games, Puzzles. Movie Review. Knitting. Walking groups. Chat time. Design Your Nails. CASINO	11 Therapeutic recreation activities. Games, Crosswords. Shopping trips. Russian Pancake Day! English Class.	14
15	14 Games, Puzzles. Movie and Music Assistance with correspondence. Chat time.	15 Therapeutic recreation activities. Games, Rummikub, Puzzles. Health Talk Group. Grocery shopping. Resting. Hair Salon.	16 Therapeutic recreation activities. Games, Puzzles. News Review. Assistance with appointments. Chat time. Chair Yoga	17 Games, Puzzles. Movie Review. Knitting. Walking groups. Resting. Design Your Nails. BINGO St. Patrick's Day	18 Therapeutic recreation activities. Games, Crosswords. News Review Group. Shopping trips. English Class. Chat time.	21
22	21 Games, Puzzles. Movie and Music. Assistance with correspondence. Resting.	22 Therapeutic recreation activities. Games, Rummikub, Puzzles. Arts and Craft Project. Grocery shopping. Chat time. Hair Salon. Bowling	23 Therapeutic recreation activities. Games, Puzzles. News Review. Assisting with appointments. Resting. Chair Yoga	24 Games, Puzzles. Movie Review. Knitting. Walking groups. Chat time. Design Your Nails. BINGO	25 Therapeutic recreation activities. Games, Crosswords. Shopping trips. Resting. English Class.	28
29	28 Games, Puzzles. Movie and Music Assistance with correspondence. Chat time. Happy Easter !	29 Therapeutic recreation activities. Games, Rummikub, Puzzles. Health Talk Group. Grocery shopping. Resting. Hair Salon.	30 Therapeutic recreation activities. Games, Puzzles. News Review. Assisting with appointments. Resting. Chair Yoga	31 Games, Puzzles. Movie Review. Knitting. Walking groups. Chat time. Design Your Nails. BINGO	April 1 Party March/April Birthdays	

DAILY: Breakfast 10 am, Snack 12 pm, Lunch 2 pm

