OCTOBER						
Sun	**Mon**	**Tue**	**Wed**	**Thu**	**Fri**	**Sat**
			1 **Therapeutic recreation activities.** Games, Bingo, Puzzles. News Review. Assistance with appointments. Chat time. Chair Yoga	**2** Games, Puzzles. Movie Review. Knitting. Walking groups. Resting.Design Your Nails.	**3** **Therapeutic recreation activities.** Games, Crosswords. News Review Group. Shopping trips. Chat time. English Class.	**4**
5	**6** Games, Puzzles. Assistance with correspondence. Resting.	**7** **Therapeutic recreation activities.** Games, Rummikub, Puzzles. Health Talk Group. Arts and Craft Project. Grocery shopping. Chat time.Hair Salon.	**8** **Therapeutic recreation activities.** Games, Bingo, Puzzles. News Review. Assisting with appointments. Resting. Chair Yoga **Morrison park**	**9** Games, Puzzles. Movie Review. Knitting. Walking groups. Chat time. Design Your Nails.	**10** **Therapeutic recreation activities.** Games, Crosswords. Shopping trips. News Review Group. Resting.	**11**
12	**13** Games, Puzzles. Movie and Music Assistance with correspondence. Chat time.	**14** **Therapeutic recreation activities.** Games, Rummikub, Puzzles. Health Talk Group. Grocery shopping. Resting. Hair Salon.	**15** **Therapeutic recreation activities.** Games, Bingo, Puzzles. News Review. Assistance with appointments. Chat time. Chair Yoga **Idaho springs**	**16** Games, Puzzles. Movie Review. Knitting. Walking groups. Resting.Design Your Nails. **Casino**	**17** **Therapeutic recreation activities.** Games, Crosswords. News Review Group. Shopping trips. English Class. Chat time.	**18**
19	**20** Games, Puzzles. Movie and Music. Assistance with correspondence. Resting.	**21** **Therapeutic recreation activities.** Games, Rummikub, Puzzles. Health Talk Group. Arts and Craft Project. Grocery shopping. Chat time. Hair Salon.	**22** **Therapeutic recreation activities.** Games, Bingo, Puzzles. News Review. Assisting with appointments. Resting. Chair Yoga	**23** Games, Puzzles. Movie Review. Knitting Walking groups. Chat time. Design Your Nails.	**24** **Therapeutic recreation activities.** Games, Crosswords. Shopping trips. Resting. English class. **Birthday party**	**25**
26	**27** Games, Puzzles. Movie and Music. Assistance with correspondence. Chat time.	**28** **Therapeutic recreation activities.** Games, Rummikub, Puzzles. Health Talk Group. Arts and Craft Project. Grocery shopping.Resting. Hair Salon. **Bowling**	**29** **Therapeutic recreation activities.** Games, Bingo, Puzzles. News Review. Assistance with appointments. Chat time. Chair Yoga	**30** Games, Puzzles. Movie Review. Knitting. Walking groups. Resting.Design Your Nails.	**31** **Therapeutic recreation activities.** Games, Crosswords. News Review Group. Shopping trips. English Class. Chat time. **Halloween costume parade**	

DAILY: Breakfast 10 am, Snack 12 pm, Lunch 2 pm