















January 2021

Regular Trips & Events: Shopping, BINGO for \$\$\$-1/7 & 1/18, 1/6-
Lumonics Mind Spa at Understudy Gallery
SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

DAILY: Breakfast 10am, Snack 12pm, Lunch 2pm

Independent Activities: Russian & English TV, Wii Fit, Pool Table, Movies, Games, Puzzles, Fiber Arts, Computers, Adult Coloring, Conversation



Monday	Tuesday	Wednesday	Thursday	Friday
				Alpine Closed 1 
4 Shopping Independent Activities, Recreation Therapy-Exercise, Decorating, Snowman Craft 	5 Shopping Independent Activities, Recreation Therapy-Exercise, Movie Day! 	6 Shopping, Lumonics Mind Spa Independent Activities, Recreation Therapy-Exercise, Weird Words, Winter Poetry	7 BINGO for \$\$\$\$ Shopping, Independent Activities, Recreation Therapy-Exercise, Color Scratch Snowflakes, BINGO for \$\$\$\$	8 Shopping, Independent Activities, Recreation Therapy-Exercise, Polar Bear Painting, Sounds Like Bear Word Game 
11 Shopping Independent Activities, Recreation Therapy-Exercise, Wooden Keychains, Arctic Wildlife Discussion 	12 Shopping Independent Activities, Recreation Therapy-Exercise, Roll a Story, Environmental Trivia	13 Shopping, Independent Activities, Recreation Therapy-Exercise, BOGGLE, Spot the Difference Puzzles	14 Shopping, Independent Activities, Recreation Therapy-Exercise, Program Advisory Council, Color Scratch Penguins 	15 Shopping Independent Activities, Recreation Therapy-Exercise, Categories Game, Program Advisory Council
18 BINGO for \$\$\$\$ Shopping Independent Activities, Recreation Therapy-Exercise, Space Trivia, BINGO for \$\$\$\$	19 Shopping Independent Activities, Recreation Therapy-Exercise, Snowman Top Hat Craft, Roll a Snowman Game 	20 Shopping Independent Activities, Recreation Therapy-Exercise, PicWits Game, Beaded Snowflake Craft	21 Shopping Independent Activities, Recreation Therapy-Exercise, Family Feud, Wood Snowflakes	22 Shopping Independent Activities, Recreation Therapy-Exercise, Glitter Art Snowflakes, Categories Game 
25 Shopping, Independent Activities, Recreation Therapy-Exercise, Mason Jar Lid Magnet Craft, BOGGLE 	26 Shopping Independent Activities, Recreation Therapy-Exercise, Snowflake Suncatchers, Name 5 Things	27 Shopping Independent Activities, Recreation Therapy-Exercise, Mad Libs, You Choose Crafts 	28 Shopping Independent Activities, Recreation Therapy-Exercise, Wheel of Fortune, Arctic Animal Planters	29 Birthday Celebration Shopping, Independent Activities, Recreation Therapy-Exercise, Winter Scavenger Hunt, Wood Puzzle Craft 